

# 2016 for ISW Eupora

ISW EUPORA



**JUNE 22nd, 2016**

Official merger between ISW Limits and Eupora Counseling Services

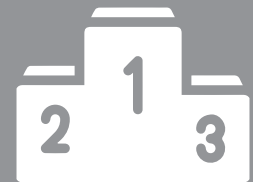


**4341**

Employee Assistance intakes done and cases managed by our EAP team

Top 3 of the most common issues for which employees contact our EAP:

1. Relationship issues
2. Burnout & exhaustion
3. Work-related stress



**OCTOBER 3rd, 2016**

ISW Eupora's 1st Well-being & Resilience Event. "About the fire inside: explaining work engagement and burnout" With Prof.dr. Wilmar Schaufeli (K.U.Leuven) and Myriam Pauwels (ING)

Services and tools delivered to **613** organisations



Active in

**4 European countries**

(Belgium, the Netherlands, France and Luxembourg)



Present **worldwide** through partnerships, conferences and board membership of Dirk Antonissen in the European Assistance European Forum ([www.eaef.org](http://www.eaef.org)) and International Assistance Professionals Association ([www.eapassn.org](http://www.eapassn.org))

**18.290**

face-to-face psychological counselling sessions with our customers' employees

**31**

people working for ISW Eupora on December 31st, 2016

Supported by a network of

**+250**

freelance counsellors & coaches



**More than 2000**

on-site hours of Critical Incident Support delivered after the terrorist attacks at Brussels Airport and Metro on March 22nd



**TOP 3 OF WORK-RELATED RISK FACTORS** that have the highest impact on **stress**:

1. Work/life balance
2. Future perspectives within the organisation
3. Social atmosphere

11,8% of employees feel

## BURNT OUT

because of their work, in the non-profit sector this is even 16,2% of employees.



20% of employees feel

## LESS ENTHUSIASTIC

about their work than they did before, for people that have been working in the same function for more than 6 years, this is even more than 24%.

## TOP 3 OF WORK-RELATED RISK FACTORS

that have the highest impact on

### MOTIVATION:

1. Future perspectives within the organisation
2. Possibilities for personal development
3. Organisation's policy



New online e-mental health tool, developed for Arteveldehogeschool Gent

## 'STUDEREN ZONDER BLOKKEREN'

to help students deal with fear of failure, assertiveness and procrastination

Start of participation in

## eMen-Project

European project to boost e-mental health  
6 Partner countries: Belgium, UK, Netherlands, Germany, Ireland and France  
Funded by Interreg North-West Europe  
Total project budget of €5.36 million for 2016-2019



## What you can expect from ISW Eupora in 2017?



## VERY SOON

ISW Eupora will announce a new name, a new logo, a new website and a new style for the future



## LAUNCH OF HAPPY CARE

an online tool to increase the resilience of your employees!  
7 happiness paths with information, videos, exercises and testimonials



## LAUNCH OF THE 'S-ISW REVISED' AND 'PEP'

(Pulso Emotion Pulse)

both new and improved well-being survey tools



## We will continue to organise our Well-being & Resilience Events

for customers, prospects and partners.

UPCOMING EVENTS THIS SPRING:

- 'One year after' about Critical Incident Support after the Brussels Terrorist Attacks
- Belgo-Japanese event about stress management and well-being at work from a cultural perspective, in collaboration with JEAP Peacemind (Japanese EAP provider) and Leuven Mindgate